

Greenlake Psychiatric Services  
6800 E. Green Lake Way N #200  
Seattle, WA

Date \_\_\_\_\_

**ADULT INTAKE INFORMATION**

\_\_\_\_\_  
Name Home Phone Business Phone

\_\_\_\_\_  
Cell phone/other phone Email

\_\_\_\_\_  
Street Address City State Zip Code

\_\_\_\_\_  
Date of Birth Sex Marital Status: Single  Married  Divorced   
Widowed  Living with partner

\_\_\_\_\_  
Age Driver's License #

Referred by: \_\_\_\_\_

**In Case of emergency, contact (Name, relationship and phone number):**

PLEASE CIRCLE FORM OF PAYMENT: CASH INSURANCE

\_\_\_\_\_  
Primary Insurance Policyholder's Name Relationship Policyholder DOB

\_\_\_\_\_  
Contract Number Group Number Policyholder's Employer

\_\_\_\_\_  
Secondary Insurance Policyholder's Name Relationship Policyholder DOB

\_\_\_\_\_  
Contract Number Group Number Policyholder's Employer

**\*\*FOR STAFF USE ONLY\*\***

\_\_\_\_\_  
Diagnosis Code

\_\_\_\_\_  
Psychiatrist Signature  
Print Name: \_\_\_\_\_

Insurance	Deductible	Copay	Yearly maximum	Lifetime max
Primary				
Secondary				

If applicable:  
Authorization #: \_\_\_\_\_ Number of sessions: \_\_\_\_\_ Dates covered: \_\_\_\_\_

What are your reasons for seeking treatment at this time?

---

Have you seen a mental health or substance abuse professional (psychiatrist, psychologist, or social worker) in the past? If yes, explain.

---

Have you ever taken medications for a mental health, emotional problem, or substance abuse problem? If yes, explain.

---

Have you attended any self-help groups? If so, explain.

---

**Family Information**

Spouse's name

Spouse's Date of Birth

Spouse's Occupation

---

Children's Name(s), age(s), sex. Specify if child lives at home. Previous marriage(s) and children.

---

List significant extended family members. (Parent, brothers and sisters, etc.)

---

Explain any family history of physical illness or significant hospitalizations.

---

Explain any family history of mental or emotional illnesses, psychiatric hospitalization, history of suicide.

---

Any family history of substance abuse? Who was that? What substance(s) was abused?

---

Please describe any spiritual/religious/cultural affiliations.

---

Are social supports adequate at present? (Family, friends, co-workers)

---

**Occupational/Educational History**

---

Current employer and your job title

---

General satisfaction with your job

---

List past jobs and any comments:

Are you satisfied with your overall financial status? If not, explain.

Highest grade completed:

Describe your school performance:

Do you have any future plans for education? If yes, describe.

**Leisure Activities**

List some of your hobbies, activities, and talents.

With whom do you spend most of your free time?

**Medical History**

Name and address of your primary care physician

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

When was your last physical exam?

Do you have any allergies? If yes, explain.

List all prescribed medications you are taking. Include dosage and frequency.

List all over-the-counter (including vitamins, minerals, diet pills, supplements, herbs, and other “natural” remedies) you are taking.

Have you ever had a problem with overuse of prescribed medications? If yes, explain.

Describe any surgeries, serious accidents, or hospital admissions.

Indicate whether you have had any of the following illnesses/symptoms.

	Now		Ever			Now		Ever	
	Yes	No	Yes	No		Yes	No	Yes	No
Anemia					High blood pressure				
Arthritis					Immune problems				
Asthma					Kidney disease				

Cancer					Paralysis				
	Now		Ever			Now		Ever	
	Yes	No	Yes	No		Yes	No	Yes	No
Diabetes					Prostate problems				
Earaches, infections					Seizures, epilepsy				
Emphysema					STDs				
Fainting/dizziness					Sleep problems				
Excessive fatigue					Stroke				
Headaches					Thyroid disease				
Head injury					Ulcers (GI)				
Heart problems					Urinary infections				
Hepatitis					Vision/hearing problems				
Other:					Other:				

Do you have physical pain? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, rate the intensity of the pain: 1(mild) to 5 (severe): \_\_\_\_\_.

If yes, where is the pain located: \_\_\_\_\_.

If yes, how does it impact your functioning? \_\_\_\_\_

Do you drink coffee, tea, cola, or consume other food, beverages, or medicines with caffeine? If so, please describe how much per day?

Please provide information on your use of non-medical drugs.

Substance	Used within 48 hrs.?	How often used?	Year first used?	When last used?
Cigarettes/tobacco				
Alcohol				
Sleeping pills				
Marijuana				
Inhalants				
Cocaine/crack				
Heroin				
Other:				

**Military History**

Branch	Rank	Time in service	Active combat

**Legal History**

Do you have any pending or prior legal problems? If yes, explain.

**Other:**

Is there anything else you think we ought to know about you or you would like to tell us?

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**ADULT SYMPTOM CHECKLIST**

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Please circle the symptoms that apply to you now in the past few weeks:**

	Never	Rarely	Sometimes	Always		0	1	2	3	4	5		
Depression	0	1	2	3	4	5	Periodic overspending	0	1	2	3	4	5
Crying spells	0	1	2	3	4	5	Gambling problem	0	1	2	3	4	5
Hopelessness	0	1	2	3	4	5	Alcohol problem (in the last year)	0	1	2	3	4	5
Worthlessness	0	1	2	3	4	5	Drug problem (in the last year)	0	1	2	3	4	5
Sleep disturbance	0	1	2	3	4	5	Blackouts, shakes tremors	0	1	2	3	4	5
Trouble falling asleep	0	1	2	3	4	5	Anxiety/panic attacks	0	1	2	3	4	5
Interrupted sleep	0	1	2	3	4	5	Heart beating fast	0	1	2	3	4	5
Early morning wakening	0	1	2	3	4	5	Chest pains/tightness	0	1	2	3	4	5
Oversleeping	0	1	2	3	4	5	Lightheadedness	0	1	2	3	4	5
Loss of appetite	0	1	2	3	4	5	Stomach upset	0	1	2	3	4	5
Overeating	0	1	2	3	4	5	Sexual difficulties	0	1	2	3	4	5
Weight loss or gain	0	1	2	3	4	5	Relationship problems	0	1	2	3	4	5
If so, how much in the last 3-6 months:							Work problems	0	1	2	3	4	5
Gained: _____ Lost: _____							Eating disorder	0	1	2	3	4	5
Lack of interest in usual things	0	1	2	3	4	5	Suspiciousness/paranoia	0	1	2	3	4	5
Suicidal thoughts, present	Yes _____ No _____						Feeling controlled	0	1	2	3	4	5
Suicidal thoughts, past	Yes _____ No _____						Hitting/domestic violence	0	1	2	3	4	5
Suicide attempt, gesture	Yes _____ No _____						Hearing voices (that others don't)	0	1	2	3	4	5
Homicidal thoughts	0	1	2	3	4	5	Seeing things (that others don't)	0	1	2	3	4	5
Anxiety, nervousness	0	1	2	3	4	5	Need for cleanliness	0	1	2	3	4	5
Irritability, edginess	0	1	2	3	4	5	Need for organization	0	1	2	3	4	5
On the go, hard to relax	0	1	2	3	4	5	Counting behavior/thoughts	0	1	2	3	4	5
Mood swings	0	1	2	3	4	5	Rituals that you must do/ need to check and recheck	0	1	2	3	4	5
Racing thoughts	0	1	2	3	4	5	Unexplained physical symptoms	0	1	2	3	4	5
Hard to concentrate/ stay focused on task	0	1	2	3	4	5	Trauma, other abuse	0	1	2	3	4	5
Fatigue/tiredness	0	1	2	3	4	5							
Bursts of energy	0	1	2	3	4	5							
Worry	0	1	2	3	4	5							
Fears of ordinary things (for example, crowds, germs, doctors, flying, closed spaces)	0	1	2	3	4	5							
Yelling/screaming	0	1	2	3	4	5							
On the go, hard to relax	0	1	2	3	4	5							

Revised 8/15